

MATERNITY

PHOTO SESSION

Guide & Information



ML

MONICA LYNN
PHOTOGRAPHY & DESIGN

A woman with long blonde hair is shown from the side, holding a baby. The baby is wearing a red top and looking towards the camera. The woman is looking down at the baby. The background is a blurred indoor setting, possibly a living room with a couch.

ABOUT *your maternity photo session*

It takes an incredible amount of grace and strength to grow a baby and to feed a baby. A maternity session is meant to capture this precious fleeting time with a series of tasteful portraits between mother and child. Documentary style focused, these portraits may either be done when you are currently pregnant, or are feeding your little one. These photographs may either be taken in the comfort of your own home, or at a different location of your choice.

SCHEDULING



For a pregnancy session aim to schedule for when you will be 28-34 weeks pregnant.

For a postpartum session aim to schedule within the first six months after your baby is born.

A photograph of a woman with blonde hair and a baby lying on a white bed. The woman is smiling and looking towards the camera, with her hand near the baby's face. The baby is looking directly at the camera. The woman is wearing a dark green sweater. The background is a plain white surface.

PRICING *& what's included*

\$350

A 1 hour session in your home or location of your choice. 40+ professionally finished high resolution digital images presented in a password protected online gallery for you to download and share.

Pregnancy sessions may include you and your spouse. Postpartum sessions include mom and baby. If you would like to include additional people or children please book a family session.

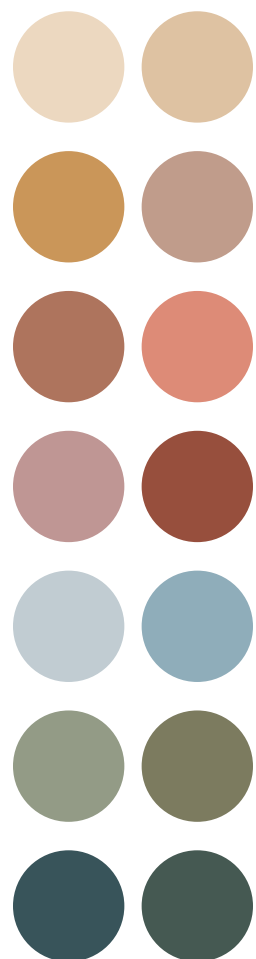
LOCATION



Maternity sessions are photographed outdoors or indoors. Together we will find the perfect location to create a scenic and comfortable atmosphere. I am based in Philadelphia, but I am willing to travel to surrounding areas.

CLOTHING

what to wear



My advice is to choose simple, timeless clothing with no logos, loud patterns or bright colors. Neutrals and muted colors are best. It's important you feel comfortable, so choose clothing that makes you feel good and you'll be able to relax in. If you'd like further help with this, please don't hesitate to ask. It makes a huge difference to your images and is worth getting right! **Example color palette to the left.**

HELLO!

I'M MONICA
your photographer

Nice to meet you! Ever since I was a child, art has been my sanctuary. I have always loved expressing myself through creation and capturing emotions in a tangible way that I can share with others. I carried my dream of pursuing art as a career and graduated from the Tyler School of Art in May 2011, and now I teach part time as an adjunct professor in the Graphic and Interactive Design department. Opening up my own graphic design and photography business has brought me so much joy. I love meeting new people, and I am grateful for every opportunity I am given to document authentic moments of love and connection. I have two young daughters that inspire me every day to work hard and appreciate the beautiful mess of life we too often take for granted. I love what I do and I never settle for average. I can't wait to work with you!

